Gluma





# GLUMA Bond Journey Do you know how to use universal adhesives perfectly?

Adhesive dentistry is growing steadily due to the need for increasingly minimally invasive treatment. Compromised tissue, typically due to adhesive preparations has resulted in a slow transition from direct and indirect macro-retentive restorations to micro-retentive restorations. This transition is changing rehabilitations from subtractive to additive treatments based on the use of adhesive systems. Different adhesive approaches can be used, with their advantages and disadvantages. The goal is not what type of material to use but how to use it and comprehend and adhere to application protocols.

Universal adhesives represent the latest generation of adhesives developed with the aim of simplifying procedures for direct and indirect restorations and repairs.

They are essentially one-step adhesives, combining acid etchant, primer and bonder in a single solution and can be used by etching enamel only, by etching enamel and dentine or without phosphoric acid etching at all. Another characteristic of universal adhesives is that they can be used not only on the dental structure (enamel and dentine) but also on composites, glass-ceramics, zirconia and metals.

However, since the dentist may apply different adhesive protocols (etch&rinse vs. selective enamel etch vs. self-etch) depending on the clinical situation, further confusion may arise during clinical application. Hence, a brochure is needed to help the clinician use GLUMA Bond Universal correctly in different situations: direct restorations, cementation of indirect restorations and repairs on different substrates.





Prof. Nicola Scotti DDS, PhD, Associate Professor, University of Torino, Italy Direct restoration using the self-etch technique Direct restoration using the selective enamel etch technique Direct restoration using etch&rinse technique Adhesive cementation of lithium disilicate crowns Adhesive cementation of lithium disilicate and glass-ceramic veneers Adhesive cementation of zirconia crowns Adhesive cementation of hybrid ceramics (composite) Adhesive cementation of polymer infiltrated ceramics (e.g. Vita Enamic) Repair of veneered zirconia restoration **Repair of composite restoration** Repair of feldspatic ceramic veneering without exposure of the metal framework **Repair of lithium disilicate restoration** Repair of porcelain fused metal crown with exposed metal framework

Restorations and cementation cases courtesy of **Prof. Nicola Scotti**, University of Turin, Italy. Repair cases courtesy of **Dr. Stefano Daniele**, Milan, Italy.



	Direct restoration using the self-etch technique	Direct restoration using the selective enamel etch technique	Direct restoration using etch and rinse	Adhesive cementation of lithium disilicate crowns	Adhesive cementation of lithium disilicate veneers	Adhesive cementation of zirconia crowns	Adhesive cementation of hybrid ceramics (composite)	Adhesive cementation of polymer infiltrated ceramics (e.g. Vita Enamic)		R
MATERIAL SIDE				Check instruction for use of the ceramic manufacturer. STEP 2 Etch with hydro- fluoric acid. Rinse thoroughly with water. Tip: Ultrasonic cleaner for 5 minutes. STEP 8 Apply GLUMA Ceramic Primer and allow to evaporate for 20 sec., air dry STEP 6 Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. STEP 8 Apply dual-curing adhesive resin cement	STEP 1 Check instruction for use of the ceramic manufac- turer. STEP 2 Etch with hydro- fluoric acid. Rinse thoroughly with water. Tip: Ultrasonic cleaner for 5 minutes. STEP 3 Apply GLUMA Ceramic Primer and allow to evaporate for 20 sec., air dry STEP 4 Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. STEP 5 Apply dual-curing adhesive resin cement	STEP 1 Check instruction for use of the ceramic manufacturer. STEP 2 Sandblasting. Rinse thoroughly with water. Tip: Never use phosphoric acid on zirconia and metal surfaces STEP 3 Apply GLUMA Universal, rub in for 20 sec., air dry and polymerize for 10 sec. STEP 3 Apply dual-curing self-adhesive resin cement or dual- curing adhesive resin cement	STEP 1 Check instruction for use of the ceramic manufacturer regarding surface pre-treatment: Sandblasting. Rinse throroughly with water. STEP 2 Optional: Apply GLUMA Ceramic Primer for 20 sec., air dry STEP 3 Apply GLUMA Universal, rub in for 20 sec., air dry and polymerize for 10 sec. STEP 4 Apply flowable or pre-heated composite (alterna- tively: dual-curing self-adhesive resin cement or dual- curing adhesive resin cement)	STEP 1 Check instruction for use of the ceramic manufacturer regarding surface pretreatment: polymer infiltrated ceramics require hydrofluoric acid etching STEP 2 Apply GLUMA Ceramic Primer for 20 sec., air dry. STEP 3 Apply GLUMA Universal, rub in for 20 sec., air dry and polymerize for 10 sec. STEP 4 Apply flowable or pre-heated composite (alterna- tively: dual-curing self-adhesive resin cement or dual- curing adhesive resin cement)	MATERIAL SIDE	Rou Tij A for A r
			Isol	ate tooth (e.g. rubber d	am)					
TOOTH SIDE	STEP 1 Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. STEP 2 Apply Charisma Topaz, Charisma Diamond or Cha- risma Opal Flow	STEP 1 Etch enamel with phosphoric acid for 20 – 30 sec. STEP 2 Rinse and dry STEP 3 Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. STEP 4 Apply Charisma Topaz, Charisma Diamond or Charisma Opal Flow	STEP 1 Etch enamel with phosphoric acid for 20–30 sec. and the dentine for 15 sec. STEP 2 Rinse and dry STEP 3 Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. STEP 4 Apply Charisma Topaz, Charisma Diamond or Charisma Opal Flow	STEP 1 Etch enamel with phosphoric acid for 20 – 30 sec. and the dentine for 15 sec. STEP 2 Rinse and dry STEP 3 Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec.	STEP 1 Etch enamel with phosphoric acid for 20–30 sec. and the dentine for 15 sec. STEP 2 Rinse and dry STEP 3 Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec.	STEP 1 Rinse and dry. STEP 2 Usage of adhesive resin cement: Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. Usage of self-adhe- sive resin cement: No adhesive application.	STEP 1 Rinse and dry. STEP 2 Usage of adhesive resin cement: Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. Usage of self-adhe- sive resin cement: No adhesive application.	STEP 1 Rinse and dry. STEP 2 Usage of adhesive resin cement: Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. Usage of self-adhe- sive resin cement: No adhesive application.	TOOTH SIDE	

	Repairing veneered zirconia ceramics	Repairing composite	Repairing feldspathic ceramics	Repairing lithium disilicate restorations	Repairing porcelain fused metal crowns					
WAI EKIAL SIDE	STEP 1 Roughen the surface for repairing with a fine diamond bur or sandblast Tip: Never use phosphoric acid on Zirconia surfaces STEP 2 Apply GLUMA Ceramic Primer for 20 sec. on veneering ceramic, air dry STEP 3 Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. STEP 4 Apply Charisma Topaz or Charisma Diamond	Roughen the surface for repairing with a fine diamond bur STEP 2 Optional: Apply GLUMA Ceramic Primer for 20 sec. for higher bond strength, air dry STEP 3 Apply GLUMA Bond Universal, rub in for 20 sec., dry and polymerize for 10 sec. STEP 4 Apply Charisma Topaz or Charisma Diamond	Roughen the surface for repairing with a fine diamond bur or sandblast STEP 2 Apply GLUMA Ceramic Primer for 20 sec. on the veneering ceramic, air dry STEP 3 Apply GLUMA Bond Universal, rub in for 20 sec., dry and polymerize for 10 sec. STEP 4 Apply Charisma Topaz or Charisma Diamond	STEP 1 Roughen the surface for repairing with a fine diamond bur or sandblast STEP 2 Apply GLUMA Ceramic Primer for 20 sec., air dry STEP 3 Apply GLUMA Bond Universal, rub in for 20 sec., dry and polymerize for 10 sec. STEP 4 Apply Charisma Topaz or Charisma Diamond	Roughen the surface for repairing with a fine diamond bur Tip: Never use phosphoric acid on metal surfaces SUP 2 Apply GLUMA Ceramic Primer for 20 sec. on veneering ceramic, air dry SUP 3 Apply GLUMA Bond Universal, rub in for 20 sec., dry and polymerize for 10 sec. SUP 4 Apply Charisma Opal Flow Baseliner to mask the metal, light cure for 20 sec. SUP 5 Apply Charisma Topaz or Charisma Diamond					
			Isolate tooth (e.g. rubber dam)							
	If repair is in direct contact with tooth surface: STEP 1 Etch enamel with phosphoric acid for 20 – 30 sec. Tip: Keep away phosphoric acid from adjacent metal and zirconia surfaces which need repair! STEP 2 Rinse and dry STEP 3 Apply GLUMA Bond Universal, rub in for 20 sec., air dry and light cure for 10 sec. STEP 4 Apply Charisma Topaz, Charisma Diamond or Charisma Opal Flow									



**Direct restoration using** the self-etch technique

STEP 1 Apply GLUMA Bond Universal STEP 2 Air dry and light cure

STEP 3 Apply Charisma Topaz, Charisma Diamond or Charisma Opal Flow

Direct restoration using the selective enamel etch technique STEP 1 STEP 2 Apply phosphoric acid: Rinse and dry Enamel only

to the dentine and light cure for 20 sec.

STEP 3 Apply GLUMA Bond Universal

## STEP 4

Air dry and light cure

STEP 5 Build up Charisma Topaz or **Charisma Diamond** 



Direct restoration using the etch & rinse technique

STEP 1 Apply phosphoric acid to enamel and dentine

STEP 2 Rinse and dry

STEP 4 Apply GLUMA Bond Universal Air dry and light cure

STEP 3

STEP 5 Build up Charisma Topaz or **Charisma Diamond** 

Adhesive cementation of lithium disilicate crowns

STEP STEP 2 Apply GLUMA hydrofluori acid for 20 sec Ceramic Primer

STEP 4 **Dual-curing** cement or light curing pre-heated composite

STEP 3

light cure

Apply GLUMA Bond Universal

Apply GLUMA Ceramic Primer to the crown and allow to evaporate for 20 sec followed by air drying. Rub in GLUMA Bond Universal for 20sec. Air dry until the adhesive film does not move any longer. Light cure for 10 sec.

Apply a dual-curing cement into the crown.

Tip: If cementing an adhesive overlay and a sufficient light permeability through the restoration is ensured: a light-curing pre-heated composite or flowable can be used alternatively.

After placing the crown, remove excess cement. Apply an air-blocking gel and light cure each aspect of the tooth sufficiently.









## Adhesive cementation of hybrid ceramics (composite)

Sandblast the inner surface of the crown using aluminum oxide. Check the instruction for use of the hybrid ceramic manufacturer. Clean the restoration surface using phosphoric acid for 10 sec. and rinse with water.

moist.

After placing the rubber Rub in GLUMA Bond dam and cleaning the Universal for 20 sec preparation by a brush and air dry until the polisher, etch the adhesive film does enamel with phosphoric not move any longer. acid for 20–30 sec and Light cure for 10 sec. any exposed dentine for 15 sec. Rinse and dry. Avoid over-drying. Dentine should be

Apply GLUMA Ceramic Apply a portion of Primer (optional) to the composite (warmed to inner surface of the overlay, allow it to evaporate for 20 sec before rubbing in GLUMA Bond Universal dual-curing adhesive for 20sec. Dry until the resin cement could be adhesive film does not used. move any longer. Light cure for 10 sec.

54 °C for 5 min) to the inner surface of the overlay. Alternatively, also a flowable or

After placing the overlay, remove any excess carefully. Apply an air-blocking gel and light cure sufficiently from all aspects.

F







After trial placement, etch the inner survace of the restoration with 5% hydrofluoric acid for 60sec\* followed by a thorough water rinsing. Afterwards, the restoration can be additionally cleaned using phosphoric acid for 30sec and water rinsing.

Apply GLUMA Ceramic Primer to dry the inner surface of the restoration and allow it to evaporate for 20sec, air dry. Rub in GLUMA Bond Universal for 20sec. Dry until adhesive layer does not move any longer and light cure for 10sec.

After placing the rubber dam and cleaning of the preparation, etch the enamel with phosphoric acid for 20–30 sec and any exposed dentine for 15 sec. Rinse and dry. Avoid over-drying. Dentine should be moist. Rub in GLUMA Bond Universal for 20sec. and air dry until the adhesive film does not move any longer. Light cure for 10sec.

It a sufficient light transmission through the restoration is ensured, a light curing flowable can be used for cementation. Apply the flowable directly on the restoration contact surface of the tooth. Place the restoration onto the tooth and remove the excess luting material.

In case a sufficient light penetration through the restoration is not certain, use a dual-curing adhesive resin cement.





Light cure all margins of the tooth sufficiently (if no further information from the luting material manufacturer is provided: cure for 1 min/side).

Apply an air-blocking gel and repeat light curing.

Cool down tooth during light curing by air-stream or placing the saliva ejector close to the tooth.

> STEP 5 Place flowable composite





Roughen the surface to be repaired with a diamond bur

STEP 1

STEP 2 **Apply GLUMA Ceramic Primer** 

STEP 3 Apply GLUMA Bond Universal, air dry and light cure

STEP 4 Apply Charisma Topaz

Repair of composite restoration

STEP 1 Etch the enamel and dentine with phosphoric acid

STEP 2 Apply GLUMA Bond Universal, air dry and light cure

STEP 3 Apply Charisma Opal Flow



STEP 4 Build up with Charisma Topaz /Charisma Diamond



Repair of feldspatic ceramic veneering without exposure of the metal framework

STEP 1 Roughen the surface being repaired with a diamond bur

STEP 2

Clean the surface being repaired with phosphoric acid

STEP 3 STEP 4 Apply GLUMA **Ceramic Primer** 

STEP 5 Apply GLUMA Bond Universal air dry, light cure

**Apply Charisma Topaz** or Charisma Diamond

Repair of lithium disilicate restoration STEP 1 **Roughen the surface** being repaired with a diamond bur

STEP 2 Etch dentine with phosphoric acid

anatomy of the mesio-palatal and disto-palatal cusps of 16.

Light cure each increment individually.

STEP 3 Apply GLUMA Ceramic Primer

## STEP 4

Apply GLUMA Bond Universal, air dry and light cure

STEP 5 Apply Charisma Topaz or Charisma Diamond



Mesial and cervical feldspathic ceramic a fine diamond bur veneering with exposure of the metal framework of surface for crown tooth 4.7.

Roughening the partial fracture of the ceramic surface with Ceramic Primer on to create microroughness on the enhanced retention.

Apply GLUMA the ceramic and allow it to evaporate for 20 sec. Air dry.

Rub GLUMA Bond Apply a thin layer of Complete the repair Universal into the milk-white flowable surface being composite repaired for 20 sec. (Charisma Opal Flow applying a layer of Air dry until the Baseliner) to mask adhesive film does the metal coping not move any longer and prevent it being Charisma Diamond and light cure for visible beneath the composite resin repair. Light cure. Tip: Use GLUMA Bond Universal in

Evaluate the of the fractured repaired margin ceramic margin by tooth 47. The periodontal tissues have the corresponding been repositioned Charisma Topaz or following displacement by the Teflon composite shade sheet and rubber followed by lightdam clamp. curing, finishing and

polishing.

Repair of porcelain STEP 1 STEP 2 STEP 3 STEP 4 STEP 5 fused metal crown Roughen the surface Apply GLUMA Apply GLUMA Bond Apply Charisma Diamond Apply Charisma Topaz with exposed metal being repaired with Ceramic Primer Universal air dry, Flow Baseliner or Charisma Diamond framework a diamond bur light cure

the self-etch mode in these situation. Never use phosphoric acid on metal

10 sec.

surfaces.





## Contact in Germany

Kulzer GmbH Leipziger Straße 2 63450 Hanau, Germany info.dent@kulzer-dental.com

# kulzer.com